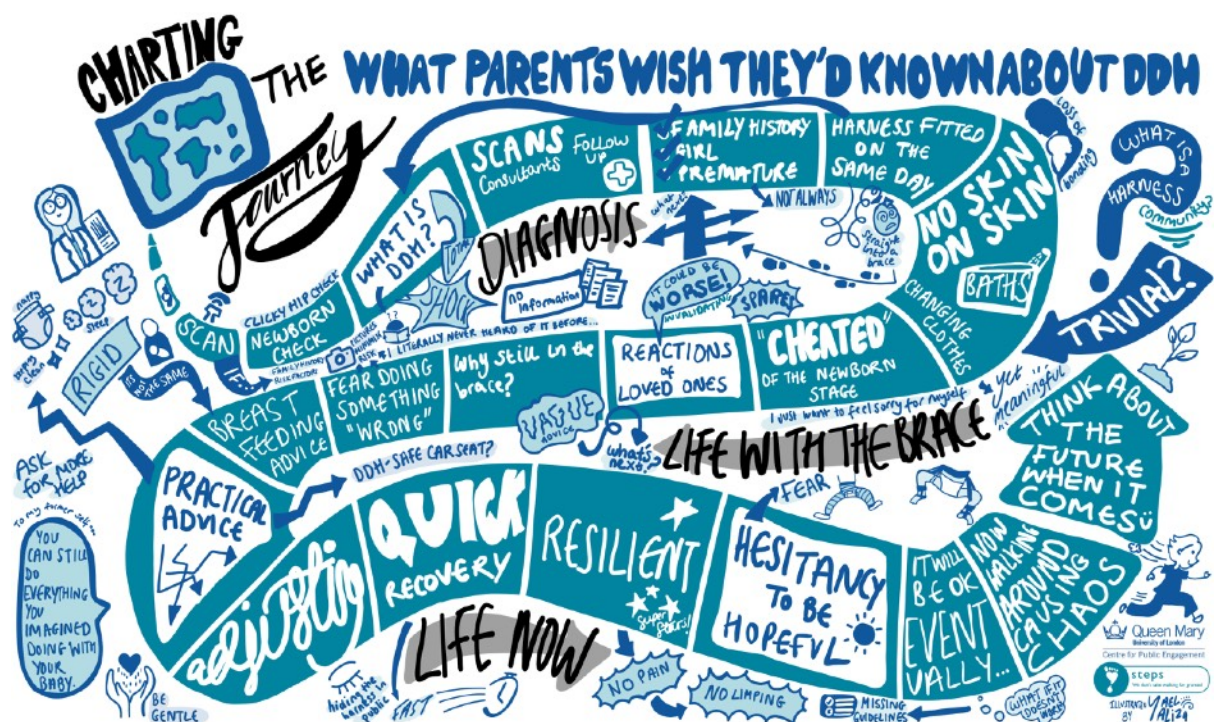


Visual Resources Created with Families, for Families

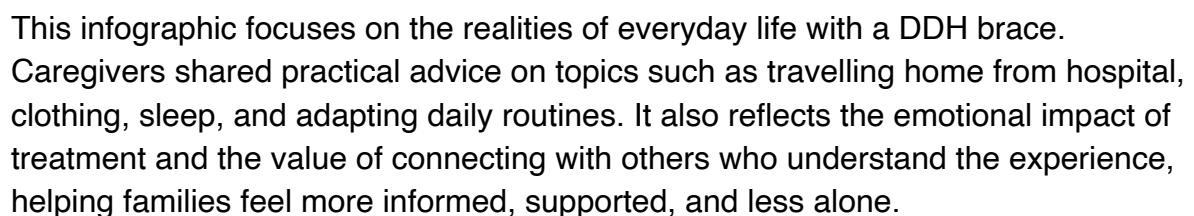
This project was funded by the **Queen Mary University of London Centre for Public Engagement** and led by **Dr Jessica Rees**. The aim was to explore caregivers' experiences of DDH, from diagnosis through treatment, and to create practical, accessible resources that reflect the real-life challenges and successes families encounter.

1: The DDH Journey



This infographic captures caregivers' experiences from diagnosis onwards. Parents described DDH as a journey, beginning with the shock of diagnosis and continuing through the challenges of brace treatment. Alongside the difficulties, they shared

2: Practical Pointers



Families frequently tell us that, although healthcare professionals explain DDH treatment, nothing quite prepares them for the emotional impact of diagnosis or the day-to-day realities of caring for a child in a brace.

- Share real experiences from families affected by DDH.
- Provide practical advice from people who have been through treatment.
- Offer reassurance to parents who may feel shocked or overwhelmed.
- Highlight messages of hope, resilience, and support.

Who Are These Resources For?

These resources may be helpful for:

- Parents and caregivers of children newly diagnosed with DDH.
- Families whose child is beginning brace treatment.
- Extended family members and friends who want to better understand the DDH experience.
- Healthcare professionals signposting families to additional support.

We hope these visual resources help families recognise that while the DDH journey can be challenging, they are not alone, and many parents have successfully navigated the same path before them.

CHARTING THE JOURNEY WHAT PARENTS WISH THEY'D KNOWN ABOUT DDH



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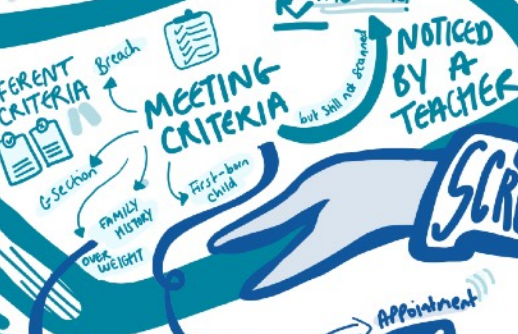
steps
You don't take walking for granted

ILLUSTRATED BY
MAEL ALIZA

WHAT NOW?

PRACTICAL POINTERS FROM PARENTS ON WHAT TO EXPECT AFTER A DDH DIAGNOSIS

TOP TIPS AND TRICKS



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steps
We don't take walking for granted
ILLUSTRATED BY Yael Aliza